

Learned Speakers



Prof. Dr. M.B.Chetti
Vice Chancellor &
Chairman IQAC,
Sanskriti University



Dr. Neeraj Kumar
Principal, RML College of Pharmacy
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Dr. Satish Gupta
Department of Medicine &
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Dr. Neha Saini
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Dr. Mukesh E.
Professor Deptt. of Roganidana
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Dr. Uday Kumar Thakur
Quality Manager
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Dr. Aanand S.
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Dr. Arif M Alex
Asst. Professor, Deptt. of
Rachna Shareera, Govt. Ayurveda
College, Kannur, Pariyaram



Dr. Vishwadeepak Kimothi
Associate Professor
Himalayan Institute of Pharmacy
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Dr. Hepsi Nathan
Vice Principal,
College of Nursing Govt.
Medical College, Azamgarh



Dr. Nilesh Kumar Gupta
Principal, Pradhyumn Singh
Shikshan Prashikshan Sansthan
Pharmacy College, Basti



Dr. Darshpreet Kaur
Chief Physiotherapist,
Bihar Neurodignostic Centre
Patna, Bihar



Dr. Anilendra Parmanik
Gurunanak Dev University
Amritsar



SANSKRITI
UNIVERSITY
FOR EXCELLENCE IN LIFE



Internal Quality Assurance Cell

Organizes

**Seven Days Faculty
Development Program**

On

**Cardiovascular Diseases
& Their Management**

Date: 24-30 June, 2023 Time: 10 AM to 12 NOON

Sanskriti University

Mathura- Delhi Highway Chhata,
Mathura (U.P.)

🌐 www.sanskriti.edu.in

ABOUT THE UNIVERSITY

Sanskriti University has been established with an idea of bringing “Excellence in Life” to the students. The University is approved by UGC, ICAR, MHRD, NCTE, AIU, IIC and an active member of Association of Commonwealth Universities, U.K. The University has made a mark because of its intellectual capital who are highly qualified, experienced, passionate and having futuristic approach towards dynamic environment. The faculties are perfect amalgamation of competence, experience and expertise to persuade students to get on the pinnacle of success. The University believes in value based education. Students can choose from a wide variety of programs in Agriculture, Engineering, Management, Commerce, Education, Science, Indian Medicine, Ayurveda, Paramedical, Nursing, Pharmacy or Arts. The University is committed towards delivering world class education. It has received numerous recognitions and awards from the reputed organization for serving best to the society and for the contribution in the field of Education, Research and Culture.

ABOUT FDP

Cardiovascular diseases (CVDs) have now become the leading cause of mortality in India. A quarter of all mortality is attributable to CVD. Ischemic heart disease and stroke are the predominant causes and are responsible for >80% of CVD deaths. The Global Burden of Disease study estimate of age-standardized CVD death rate of 272 per 100 000 population in India is higher

than the global average of 235 per 100 000 population. Some aspects of the CVD epidemic in India are particular causes of concern, including its accelerated buildup, the early age of disease onset in the population, and the high case fatality rate.

Despite wide heterogeneity in the prevalence of cardiovascular risk factors across different regions, CVD has emerged as the leading cause of death in all parts of India, including poorer states and rural areas. In addition, individuals from lower socioeconomic backgrounds frequently do not receive optimal therapy, leading to poorer outcomes.

Countering the epidemic requires the development of strategies such as the formulation and effective implementation of evidence based policy, reinforcement of health systems, and emphasis on prevention, early detection, and treatment with the use of both conventional and innovative techniques. In Ayurveda, Cardio Vascular Diseases is mentioned as impairment of raktha vaha srotas and it can be managed well by following proper dinacharya & medicines.

BENEFICIARIES

Faculty Members and Research scholars working in the area of Ayurveda Nursing, Pharmacy, Physiotherapy, Paramedicals.

Topics to be covered in FDP

- Normal heart function & toetal circulation
- Classification & causes of C.V.D
- Anatomical & Physiological changes in C.V.D
- Congenital heart disease
- Systemic diseases & its effect on heart
- Sedantary life style & impact on heart
- Allopathic management of heart diseases
- Clinical diagnosis & imaging techniques of CVD
- Ayurvedic management, Pharmacology of ayurvedic Drugs
- Herbal remedies for management of heart disease
- Impact of yoga, meditation
- Exercise prescription in C.V.D

IMPORTANT DATES:

**Last date for Registration : 24.06.2023, 10 AM
REGISTRATION**

Faculty Members : Rs. 400 /-
Research Scholars : Rs. 300 /-

**Participants are requested to fill the
Registration Form through the below link:**

<https://www.sanskriti.edu.in/fdp4>

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Scan QR code for
registration

